

## Example Programme: 3 Day Experienced Operator Course - Counterbalance or Reach Trucks

D A Y  1	Course Registration & Outline	Need to Train And Statutory Requirements HASAWA Etc.	Introduction to the Machine Motive and Steering Controls Starting-Stopping-Emergency Stops Steering Control Familiarisation Basic Steering Through Various Courses		L U N C H	Simple Practice & 90° Approaches Left/Right	Simple Hydraulic Principles & the Lift Truck	Basic Load Handling Introduction to Hydraulic Controls Stacking/Destacking Unladen Pallets At Various Levels	Battery Charging & Simple Battery Maintenance
	8.30-8.45am Class	8.45-9.30am Class	9.30am-12.45pm Area			1.30-2.15pm Area	2.15-2.45pm Class	2.45-4.00pm Area	4.00-4.45pm Area
	D A Y  2	Operators Safety Code	Daily Pre-Shift Checks & Refuelling Procedures	Basic Load Handling Laden Pallets at Low Level Manoeuvring With Loads		Engineering Principle Rated Capacity Stability & Instability	Handling Various Loads Load Weight Assessment Stacking/Destacking at Various Heights Bulk Stacking/Destacking Travelling on Ramps	Load Handling Stacking/Destacking Cup Post Pallets Various Levels	Safety Film
10.15-11.45am Area				11.45am-12.45pm Class	1.30-3.30pm Area	3.30-4.15pm Area			
D A Y  3	Revision and Pre-shift Checks	Load Handling Practical Revision Stacking/ Destacking In Racking	Load Handling Vehicle Loading & Unloading	Handling Awkward Loads	General Supervised Practice	Multi Choice Theory Pre-Use Check Test & Practical Skills Test	Course Feedback & Closure		
	8.30-9.15am Area	9.15-11.15am Area	11.15-12.00pm Area	12.00-12.45pm Area	1.30-3.00pm Area	3.00-4.15pm Class & Area	4.15-4.45pm Class		