



Equipment:	VNA Narrow Aisle Truck
Accrediting Body:	ITSSAR
Level:	Experienced - This course is designed for the Forklift truck Operator who has had extensive practical experience, (longer than 12 months), but has had no formal training and does not hold a licence.
Course Duration:	3 Days
Location:	Leicester Training Centre - The course can also be adapted to suit your operational requirements if provided on company premises.
Max No. per course:	3
Cost:	£POA

Course Structure

Day One

Introductions - Theory Lesson including Forklift truck stability Safety Video - Practical training

Days Two & Three

Continue Practical Training Theory Test - Practical Basic Skills test

What does the course cover?

Fork Lifts and the Law

Operator's Safety Code

Basic & Advanced Steering, Stacking, De-stacking,

Picking Up & Setting Down

Theory Test

Major Component Identification, Pre-use Inspection & Reporting

Practical Skills Test

On completion of the training course the trainee will be able to:

Name all main components of the forklift truck

Carry out a Pre-shift inspection check and understand the importance of such checks.

Operate the forklift truck within the safety limits defined by the manufacturer.

Stack and de-stack from various heights with various loads safely

Manoeuvre a laden forklift truck in a narrow confined area.