



# MHE TRAINING

MECHANICAL HANDLING EQUIPMENT TRAINING

Tel: +44 (0) 116 251 9411 [www.mhetraining.co.uk](http://www.mhetraining.co.uk)



## Rough Terrain: Fixed Mast

EQUIPMENT:	Rough Terrain: Fixed Mast
ACCREDITING BODY:	ITSSAR
QUALIFICATION:	J2
LEVEL:	Novice - first time operator who has no previous experience of Construction Equipment
COURSE DURATION:	5 Days
LOCATION:	Leicester Training Centre - The course can also be adapted to suit your operational requirements if provided on company premises.
MAX. NO. PER COURSE	3
COST:	£750 + VAT per trainee

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**COURSE AIM:** The aim of the course is to provide training and knowledge in the safe and efficient operation of a rough terrain vehicle with a boom below/ over 9m (depending on course).  
This course meets the statutory requirements of the Health & Safety at Work Act 1974, and other relevant statutory provisions.

**COURSE CONTENT:**

**Theory**  
The Need to Train & Statutory Requirements  
Rated Capacities-Stability and instability  
Operating Safety Code & Site Safety Rules  
Film "The Correct, Approach"& "Site Safety"  
Multi Choice Theory Test

**Practical**  
Introduction to the Machine  
Control Familiarisation  
Daily Checks/Refuelling/Simple Maintenance  
Steering and Drive Modes  
Steering Procedures, (Un-laden and Laden)  
Load Weight Assessment  
Load Handling  
Use of Stabilisers (where applicable)  
Stacking and De-stacking Procedures  
Vehicle Loading/ Unloading  
Fitting and use of Attachments  
Practical Skills Test (based on Forum 2000 recommendations)of such checks.



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### COURSE

### REQUIREMENTS:

1. Notebook and pen
  2. Appropriate safety wear.
- All other materials are provided on the course

### TESTING &

### CERTIFICATION

At the end of this course the standard ITSSAR practical and theoretical test where possible will be conducted for the equipment. This is the current recognised and recommended standards practical operators test. Operators are issued with an encapsulated wallet and full sized certificate. Companies are issued with an A4 sized certificate, the trainees original practical and theoretical test marking sheet, course record and written trainee report where appropriate, as proof of training.