



Equipment:	<b>Pedestrian Operated Pallet Truck</b>
Accrediting Body:	<b>ITSSAR</b>
Level:	<b>Experienced</b> - This course is designed for the Forklift truck Operator who has had extensive practical experience, (longer than 12 months), but has had no formal training and does not hold a licence.
Course Duration:	<b>1/2 Day</b>
Location:	<b>Leicester Training Centre</b> - The course can also be adapted to suit your operational requirements if provided on company premises.
Max No. per course:	<b>3</b>
Cost:	<b>£POA</b>

## Course Structure

### **Day One**

Introductions  
Theory Lesson  
Forklift truck stability Safety Video  
Practical training  
Theory Test  
Practical Basic skills test

### **What does the course cover?**

Fork Lifts and the Law  
Operator's Safety Code  
Basic & Advanced Steering, Stacking, De-stacking,  
Picking Up & Setting Down  
Theory Test  
Major Component Identification, Pre-use Inspection & Reporting  
Practical Skills Test

### **On completion of the training course the trainee will be able to:**

Name all main components of the forklift truck  
Carry out a Pre-shift inspection check and understand the importance of such checks.  
Operate the forklift truck within the safety limits defined by the manufacturer.  
Stack and de-stack from various heights with various loads safely  
Manoeuvre a laden forklift truck in a narrow confined area.