



Equipment:	Pedestrian Operated Pallet Truck
Accrediting Body:	ITSSAR
Level:	Novice - first time Fork Lift Truck Operator who has no previous experience of Materials Handling Equipment
Course Duration:	1 Day
Location:	Leicester Training Centre - The course can also be adapted to suit your operational requirements if provided on company premises.
Max No. per course:	3
Cost:	£80 + VAT per trainee per day

## Course Structure

### Day One

Introductions

Theory Lesson including Forklift truck stability - Safety Video

Practical training in the safe operation of the fork truck.

Theory Test

Practical Basic skills test

### What does the course cover?

Fork Lifts and the Law

Operator's Safety Code

Basic & Advanced Steering, Stacking, De-stacking,

Picking Up & Setting Down

Theory Test

Major Component Identification, Pre-use Inspection & Reporting

Practical Skills Test

### On completion of the training course the trainee will be able to:

Name all main components of the forklift truck

Carry out a Pre-shift inspection check and understand the importance of such checks.

Operate the forklift truck within the safety limits defined by the manufacturer.

Stack and de-stack from various heights with various loads safely

Manoeuvre a laden forklift truck in a narrow confined area.