



# MHE TRAINING

MECHANICAL HANDLING EQUIPMENT TRAINING

Tel: +44 (0) 116 251 9411 www.mhetraining.co.uk



## Dumper Truck - under 5 tonnes

EQUIPMENT:	Dumper Truck - under 5 tonnes
ACCREDITING BODY:	ITSSAR
QUALIFICATION:	J2
LEVEL:	Novice - first-time operator who has no previous experience of Construction Equipment
COURSE DURATION:	2 Days
LOCATION:	Leicester Training Centre - The course can also be adapted to suit your operational requirements if provided on company premises.
MAX. NO. PER COURSE	3
COST:	£300 + VAT per trainee

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**COURSE AIM:** With no previous experience, the novice needs to have time to both absorb the theory and then acquire safe handling ability of the dumper truck. To gain confidence in his ability and newfound skills, and appreciate the Health and Safety issues in the working environment. This course meets the statutory requirements of the Health & Safety at Work Act 1974, and other relevant statutory provisions.

**COURSE CONTENT:**

**Theory**  
The Need to Train & Statutory Requirements  
Rated Capacities-Stability and instability  
Operating Safety Code & Site Safety Rules  
Film "The Correct, Approach"& "Site Safety"  
Multi Choice Theory Test

**Practical**  
Introduction to the Machine  
Control Familiarisation  
Daily Checks/Refuelling/Simple Maintenance  
Steering and Drive Modes  
Steering Procedures, (Un-laden and Laden)  
Load Weight Assessment  
Load Handling  
Use of Stabilisers (where applicable)  
Stacking and De-stacking Procedures  
Vehicle Loading/ Unloading  
Fitting and use of Attachments  
Practical Skills Test (based on Forum 2000 recommendations)of such checks.

All information correct at time of writing. Course structure may vary in certain circumstances.

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## COURSE STRUCTURE: Day 1

Period 1: Introduction, Aims & Objectives

Period 2: HASAWA Related Legislation

Period 3: Operating Safety Rules

Period 4: Major Components - Preventative Maintenance

Period 5: Operator Pre-shift Checks

Period 6, 7 & 8: Mobility; Stopping; Starting; Use of gear; Use of all controls; Drive and maneuvering on level ground & gradients

## Day 2

Period 1 & 2: Loading & Unloading

Period 3 & 4: Loading & Unloading

Period 5: Refuelling & Parking

Period 6 & 7 : Theory & Practical Operating Skills Test

Period 8: Summary & Close

## COURSE

### REQUIREMENTS:

1. Notebook and pen

2. Appropriate safety wear.

All other materials are provided on the course

## TESTING &

### CERTIFICATION

At the end of this course the standard ITSSAR practical and theoretical test where possible will be conducted for the equipment. This is the current recognised and recommended standards practical operators test. Operators are issued with an encapsulated wallet and full sized certificate. Companies are issued with an A4 sized certificate, the trainees original practical and theoretical test marking sheet, course record and written trainee report where appropriate, as proof of training.