



Equipment:	Counterbalance / Rider
Accrediting Body:	ITSSAR
Level:	Novice - first time Fork Lift Truck Operator who has no previous experience of Materials Handling Equipment
Course Duration:	5 Days
Location:	Leicester Training Centre - The course can also be adapted to suit your operational requirements if provided on company premises.
Max No. per course:	3
Cost:	£80 + VAT per trainee per day

Course Structure

Day One

Introductions

Theory Lesson including Forklift truck stability - Safety Video

Practical training in the safe operation of the fork truck.

Day Two

Continue Practical Training

Days Three to Five

Continue Practical Training

Theory Test

Practical Basic skills test

What does the course cover?

Fork Lifts and the Law

Operator's Safety Code

Basic & Advanced Steering, Stacking, De-stacking,

Picking Up & Setting Down

Theory Test

Major Component Identification, Pre-use Inspection & Reporting

Practical Skills Test

On completion of the training course the trainee will be able to:

Name all main components of the forklift truck

Carry out a Pre-shift inspection check and understand the importance of such checks.

Operate the forklift truck within the safety limits defined by the manufacturer.

Stack and de-stack from various heights with various loads safely

Manoeuvre a laden forklift truck in a narrow confined area.